March 15, 2022

Important Health and Safety Reminders:

Updated Spring 2022

At The Learning Forest Childcare Home and Preschool we adhere to Guidelines from the California Department of Public Health. Below is an update to the most recent procedure recommendations received from our October Childcare conference through CDSS and community child care licensing. They emphasized the importance of understanding COVID and breakthrough cases in our county and ways to mitigate the risk in our schools. Also we want to stand firm on our "**WELL CHILDREN ONLY**" **policy.** For the safety and well being of your child and our entire community of learners please keep your child home if they have **ANY** of these symptoms:

<u>Coughing, fever, shortness of breath, sore throat, chills, aches, lost of taste/smell, runny</u> <u>nose, or diarrhea.</u>

Arrival/ Drop off procedures:

- Parents drop off and pick up at the door. (Adults outside of staff are NOT allowed inside.)
- When another parent is at the door please give them space to leave before coming to the door.
- At this time parents can choose to not wear face coverings in accordance with county ordinances.
- Review Morning checklist of symptoms (at table).
- Parents please use hand sanitizer provided.
- Temperature checks will occur at the door and will be recorded.
- Stay within your drop off and pick up window or *text ahead if something changes.* (Use remind App or text 510-472-7320)

Work schedule:

I should have your weekly work schedule sheet on file. Pick up and drop off should be within an appropriate window of work schedule.

During a shelter in place order-if a parent is home, the child should stay home as well.

Outdoor classrooms:

We will spend more time outdoors to allow for physical distancing and fresh air when weather conditions allow. Please bring child with layers of clothes so they can play outside comfortably and safely.

Meal Time changes:

We will have two breakfast times to support two drop off windows: 7:30 and 8:30. We will have outdoor meals when possible. When possible we will use disposable plates and utensils. Lunch will also be split with the fawns eating 30 minutes prior to older groups.

Hygiene/ Germ free environment:

- ONLY WELL CHILDREN ARE ADMITTED IN SCHOOL.
- Please provide school mask for child (*it will stay in their cubby when not being* worn).
- Do not bring your child to school if the child has symptoms:

Coughing, fever, shortness of breath, sore throat, chills, aches, lost of taste/smell, runny nose, diarrhea

- Do not bring any toys from home.
- While at school we will:
 - Wash hands often
 - Cover sneezes
 - Take off shoes indoors
 - Disinfect surfaces/ toys daily
 - Have small group and independent activities as much as possible

*Please notify us immediately if you (or anyone in your household) have knowingly been exposed to COVID. Or if you are traveling out of the county OR to a state with high COVID positivity rates. In these cases you must go on a <u>10 day</u> quarantine (sit out) regardless of vaccination status and prior to returning have a negative COVID test. Transparency within our community will ensure the safest environment possible.

Thanks for being the best part of our community!

Ahma and The Learning Forest Staff